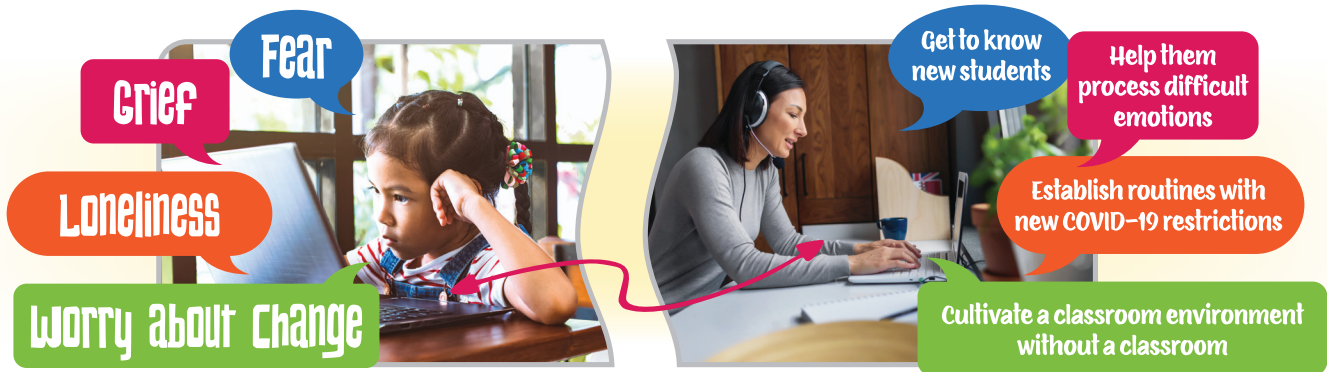


# Prepare for Back-to-School

Create an environment for elementary students and counselors to connect and thrive!



The start of the 2020-21 school year presents many new and complex challenges.



## Support a Successful Back-to-School Transition with a Focus on Social & Emotional Learning.

At the beginning of the school year, it is vital to spend time each day supporting students' social and emotional skill development. This creates a predictable and safe learning environment that gives students the vocabulary they need to identify and process emotions and strengthens the bond between counselor and student.

QuaverSEL offers PreK-5 teachers and school counselors easy-to-implement resources to address SEL skills on day one, with applications for teacher-led instruction from the classroom or in a remote-teaching environment.

## What **QuaverSEL** Includes:

**1 A Four-Week Plan for Back-to-School**

These easy-to-use lessons guide counselors and students through the transition back to school, no matter its form.

*(Turn the page for a closer look at each week!)*

**2 Easy Online Access for Students**

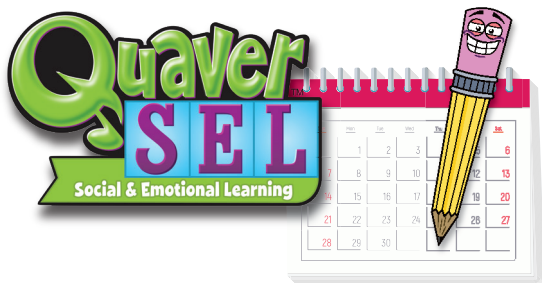
Free student accounts make it easy for students to access assignments and explore activities on their own.

**3 Lessons to Support Recovery and Resilience**

Additional lessons help teachers or school counselors address specific feelings of tragedy and grief students may be experiencing.

**4 A Growing Library of Topic-Based Activities**

The QuaverSEL library includes standalone activities or complete lessons on relevant topics like self-management, social awareness, and relationship skills.



# Back-to-School Transition: A Four-Week Plan for the New School Year

Build a strong student-counselor bond from day one with ready-to-use lessons sequenced for the first month of this unique school year.

Each 30-45 minute lesson includes five activities that can be delivered in person or in a remote environment, using the educator's QuaverSEL account.

## Week 1: Back to School

Students will learn expectations and the reestablished routines that create a safe learning environment.



## Week 2: Feeling Anxious

Students will begin to identify anxious feelings and to practice strategies to help them cope with challenging emotions.



## Week 3: Different Perspectives

Students will build empathy through listening to others' experiences as they engage in productive conversations.



## Week 4: Social Interactions

Students will feel connected to others as they work to create their class and school community.



Start the new year strong, with a schoolwide solution for social and emotional development to ignite academic success!

**Contact your Quaver Director of Sales today for more information!**

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